# Information for Visiting Students

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# **Information for Visiting Students**

# A-level and GCSE Induction

Your field course at the Cranedale Centre will be commencing soon and we look forward to welcoming you here for an enjoyable and productive stay. You maybe unsure of what to expect, so the information in these pages will help you make the most of your field course.

Please remember that you, your school or college, and the Cranedale Centre have made a big commitment in terms of time and money towards the success of your course, and this maybe your only opportunity to carry out this sort of work. In order to ensure that commitment is rewarded we do need to insist upon certain standards.

### THE WORKING ROUTINE

The course programme will have been arranged in advance with your school or college. You may focus on a single topic during the day or it maybe two or three topics. The content has been carefully selected by your teacher to ensure you get the most educational value from the field trip. The working day maybe longer than you are used to – it starts at 9:15am and after breaks for meals and some free time, finishes around 8:30pm in the evening. We go out in virtually all weather conditions and will be out all day, so please ensure you have appropriate clothing. Late afternoon and evening sessions involve analysis and interpretation of the fieldwork data. There will probably be other courses running in the Centre at the same time and often several smaller courses work together.



#### **FREE TIME**

Under normal circumstances you will have a short break *(up to 1 hour)* on your return to the Centre in the afternoon. You will also have free time from the end of your evening work session until 11pm. The Centre must ensure certain standards of safety and hygiene throughout your time with us and consequently we must insist on some things:

- Students must remain on Centre premises
- No alcohol may be brought to the Centre or consumed during your stay
- There must be no smoking in any Centre building
- No chewing gum is allowed in the Centre. Students are asked to refrain from buying it and bringing it onto the premises please.
- Students return to their own bedrooms by 11pm and be quiet with lights out. Experience shows that lack of sleep and tiredness can have a detrimental effect on the course. Please don't allow your course to be devalued in this way.

## **ACCOMMODATION**

The Centre is located in converted farm buildings in a small village.

All bedrooms have central heating and washbasins and could have upto 6 beds per room. Toilets and showers are available in adjacent blocks. Keys are provided so that your room may be locked while you are out in the field. However, the Centre cannot be responsible for your belongings and you may wish to insure or not bring, valuable items. Care should be taken with all Centre equipment and breakages must be reported immediately.

There is also a television which is available on request for viewing special events, e.g. sports fixtures. The Centre has an all weather tennis court/outdoor play area and soft tennis balls and soft footballs are available for use until 9pm. Unfortunately, due to the proximity of windows we cannot allow hard/leather football or rugby balls, so please do not bring these balls with you.



#### **MEALS**

Breakfast is at 8am each day and the evening meal is at 6pm. Please inform us if you have a special dietary requirement or food allergies. This information must reach us at least 3 weeks before your visit so that our catering team has plenty of time to place special orders and prepare. Your teacher has copies of our **Special Dietary Request Form** which you will need to fill in and return to us.

The Centre prepares a packed lunch for each student and you are asked to bring a water bottle to ensure you have enough drink in the field. If you are visiting the Centre during the colder months, you are also advised to bring a small thermos flask for a hot drink. This will be filled for you each day by our catering team however please note that the contents will be extremely hot so take care and do not open until lunchtime.

The Centre operates a NUT FREE policy and all students and teachers are asked not to bring nuts or products containing nuts onto the premises please.

## **MEDICAL CONDITIONS**

Please ensure that before the field trip you report any medical conditions to your teachers, so that they can relay this information to us. Also, please ensure you bring any medication which you might require as the Centre cannot issue any form of medication. All Centre tutors have First Aid training and there is a First Aid Post available in the office.

#### **INTERNET ACCESS**

Free WiFi broadband access is available in most areas of the Centre. You are welcome to bring phone chargers with you but these must have a current PAT certificate.



#### **SAFETY & BEHAVIOUR**

The Centre maintains a strong commitment to safety and the Centre tutors are very safety conscious. Please help us by adhering strictly to any safety warnings issued and by behaving responsibly at all times. This is essential for the safety of all concerned and tutors may curtail activities if they feel safety is being compromised.

You will be expected to behave in a courteous and respectful manner both to tutors, and other Centre staff, just as you would at school or college.

All Centre minibuses are fitted with seatbelts, which must be used.

#### **AND FINALLY...**

Enjoy yourselves! Most of our visitors are pleasantly surprised at the high standard of accommodation, food and tuition the Centre provides. Although the course is demanding, it is also fun, and if you bear in mind the points made here you will have a great time and learn a great deal too.

We look forward to welcoming you to the Cranedale Centre soon.



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#### **STATIONERY**

You must bring your own pencil case equipped with all the usual items you would need at school. Pens are less useful when notetaking when out in the 'field' as if it rains the ink will smudge and run — a pencil is highly recommended. A clipboard is handy if you have one although please do not worry if you don't have one as they can be borrowed from the Centre for free.

#### **CLOTHING AND BEDDING**

Bed linen will be provided by the Centre but please bring your own towels, soap and toiletries.

You must be equipped for cold and wet conditions whatever the time of year. The following is a list of what to bring for outdoor work.

- Waterproof jacket (with hood)
- Wellington Boots
- Thick warm trousers
- Day Rucksack
- Scarf
- Thick Socks
- Torch or Head Torch (Sept-Apr only)
- Refillable water bottle (all year)

- Waterproof trousers
- Warm layers/fleece tops (at least 4)
- Long sleeved t-shirts
- Gloves
- Woolly hat / Sun hat
- Sun Protection
- Indoor shoes (to be left clean and dry)
- Flask (optional)

Walking boots can be worn for some of the days and can be very useful, though not essential. The Cranedale Centre does have a limited stock of waterproofs and wellies for loan, free of charge, but we strongly recommend you bring your own if possible. You will need indoor shoes and a change of clothes for time spent in the Centre itself.



#### **DRINKS**

Students should bring a water bottle (min 500 ml) for use in the field. If you would like a hot drink to take out with you after breakfast each day, please also bring a small 300-500ml flask. The Centre does have a vending machine on site where you can purchase water bottles for £1 (coins only) but there are no other shops or services nearby.

# **MEDICATION**

Please ensure that you bring with you any medication that you might need (including asthma inhalers, etc) as the Centre does not hold, nor can administer medication.

## **FAQS**

We have a Frequently Asked Questions section on our website which may be useful to check out: https://cranedale.com/frequently-asked-questions

